

Home Wart Treatment

Once healed from liquid nitrogen treatment (i.e. in about a week), begin the following:

Apply 40% salicylic acid (Wart Stick, Compound W, generic) every night to wart +/-silver duct tape (which you can keep on until the next night or remove in morning) until wart has resolved or until your next appointment. If the surrounding skin gets irritated, apply Vaseline or Aquaphor on normal skin to protect it prior to applying medication.

Twice a week, soak wart in warm water for 10 minutes and pare down with a pumice stone or nail file. Do not use this pumice stone or nail file anywhere else, as you do not want to spread the wart virus.