



## **Photodynamic Therapy Aftercare**

(Please follow these instructions for the next 48 hours)

- ▶ Avoid direct and indirect sunlight following treatment.
- ▶ Cover treated area with a wide brimmed hat and/or clothing.
- ▶ Gently wash area with a gentle cleanser followed by a moisturizer, and sunscreen.
- ▶ Sunscreen needs to be re-applied every 2-4 hours.
- ▶ For areas that are painful or sensitive to touch, apply a cool compress and Ibuprophen can be taken as directed.
- ▶ Aquaphor or Vaseline may be applied to crusted areas 2-3 per day.
- ▶ Retinoids, Glycolic acid, and other acne or anti-aging therapies may be resumed 1-2 weeks following therapy.
- ▶ In the unlikely event that you have severe swelling or pain please call office.