



**Instructions for taking doxycycline or minocycline
(brand names include Solodyn, Dorx, Oracea)**

- Take with a full glass of water and don't lie down for 2 hours after taking.
- Will make you more sensitive to the sun. Protect yourself from the sun.
- If taking iron, calcium, and/or magnesium supplements, take the doxycycline or minocycline 1 hour before or 4 hours after these supplements. (i.e. take the medication in the morning and evening and the supplement(s) at lunch.)
- Do not take if pregnant, nursing, or trying to get pregnant.
- These medications can reduce the effectiveness of birth control pills!