

September 25th, 2026

Re: Cigna Health Insurance Renewal Update

Dear patient,

Your clinician's medical practice, Dermatology Physicians of CT, belongs to Community Medical Group/Privia Quality Network (CMG/Privia), an organization of independent physicians. We are contacting you today on your clinician's behalf to let you know about recent developments with your Cigna health plan. Our records indicate that you or your child have visited Dermatology Physicians Of CT within the last 12 months and have Cigna health insurance. If this is not the case, please disregard this message.

As part of our work, we are currently seeking to negotiate a fair increase in the payments your clinician receives from Cigna. Although we continue to engage Cigna in discussions, negotiations are proceeding at a slow pace. If these negotiations are unsuccessful, however, it is possible that your clinician's contract with Cigna will end on October 23, 2026.

Please be aware that you may continue to see your clinician up to the date when their contract with Cigna is scheduled to end in October. Also, in the unlikely event that we do not ultimately agree on new terms with Cigna, you can still see your clinician on an out-of-network basis; however, you may be responsible for an increased cost share.

Certain patients, including those who are pregnant or undergoing active treatment of a chronic condition, may qualify for extended in-network access to their clinician through Cigna's continuity of care program. If you think you may qualify, you can apply for continuity of care using Cigna's continuity of care request form available on Cigna's [website](#). If it seems likely that your clinician will no longer participate as an in-network provider with Cigna, we will provide you additional information about out-of-network benefits and continuity of care and will assist you with this process however we can.

What Can I Do?

- **Please contact Cigna by calling the number on the back of your ID card** and let them know that you want your CMG/Privia provider(s) to remain in its provider network.
- If you are part of an employer, municipality or union plan, please **consider contacting your human resources department or your benefits advisor and let them know your concerns**. They may also advise you on your out-of-network benefits and potential ways to continue seeing your providers on an in-network basis.

We do not take these negotiations lightly and understand the impact they may have on you. However, as it stands, Cigna pays your clinician less than what other health plans pay for the same services, and to sustain our independent practice and improve quality, affordability, and access to health care, it is necessary for insurance companies to compensate us fairly.

Finally, we understand that the negotiation process between clinicians and insurance companies can cause patients inconvenience and stress. In most circumstances, however, the parties reach agreement without patient disruption. We are hopeful that will be the case here.